



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

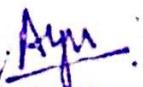
REPORT ON

WORLD SUICIDE PREVENTION DAY

Organized by
DEPARTMENT OF MENTAL HEALTH NURSING
SSCN, VAPI
& COUNCELLING CELL-SPARSH

DATE:10/09/2025

SIGNATURE OF INCHARGE PRINCIPAL


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI





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CIRCULAR

Date: 10th September 2025

Subject: World Suicide Prevention Day – Awareness Activities

The Department of Mental Health Nursing, SSCN, Vapi is organizing a series of awareness activities to mark **World Suicide Prevention Day on 10th September 2025**. This day serves as a reminder of the importance of mental health, open communication, and support systems in preventing suicide and promoting emotional well-being.

Programme Name: World Suicide Prevention Day

Date: 10th September 2025

Time: 10:00 AM to 11:00 AM

Venue: Auditorium, Rajju Shroff ROFEL University, Vapi

Participants: First Year BBA Students and Faculty Members

Total Participants: 148

Programme Schedule & Activities:

1. Digital Theme Opening
2. Interactive Session: "Let's Talk, Let's Live – Together for Suicide Prevention"
3. Short Film: "Hope Begins with Conversation"
4. Group Activity – "Sitting on the Hot Seat"
5. Pledge on Suicide Prevention

Instructions for Participants:

- All First Year BBA students must report by 9:45 AM at the Seminar Hall.
- Attendance is mandatory and will be recorded.
- Participants are expected to maintain decorum and actively participate in all sessions.
- Faculty members are requested to accompany and guide the students during the programme.

Signature of HOD
Mrs. Divya Pancholi

Dr. Anita Nawale
I.C. Principal
S.S.C.N VAPI

Signature of Incharge Principal
Dr. Anita Nawale



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SANDRA SHROFF COLLEGE OF NURSING, VAPI

DEPARTMENT OF MENTAL HEALTH NURSING
& COUNSELLING CELL-SPARSH ORGANIZES
WORLD SUICIDE PREVENTION DAY 2025

Theme: "Changing the Narrative on Suicide"

DATE: 10/09/25

SCHEDULE OF EVENTS

SR NO.	TIME	EVENTS
1	10:00 to 10:10 am	Digital Theme Opening And Speech By Dr. Priyakant Ved Principal of BBA, BCA, B.com., BA & I/C Registrar of Rajju Shroff ROFEL University, Vapi
2	10:10 to 10:25 am	Interactive session on "Let's talk, Let's Live - Together for Suicide Prevention" Mrs. Swati Mistry, Assistant Professor, SSCN, Vapi
3	10:25 to 10:35 am	Short film on: "Hope begins with a conversation"
4	10:35 to 10:55 am	Group Activity on Sitting on the "HOT SEAT" By Mrs. Nirali Desai, Nursing Tutor & Mrs. Anju Gavit, Nursing Tutor
5	10:55 am to 11:00 am	Pledge on "Suicide Prevention"

TIME: 10 AM onwards

VENUE:

Auditorium, Rajju Shroff ROFEL University, Vapi



**MENTAL
HEALTH MATTERS**

**Believe
in
yourself**

**Be kind
to yourself**

**You can
do this**

*"No matter what happens, or how bad it seems today,
life does go on, and it will be better tomorrow."*





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Name of Activity organized: World Suicide Prevention Awareness Day

Title of the Activity: World Suicide Prevention Day

Date of the activity organized: 10/09/2025

Name of the Coordinator of activity: Mrs. Divya Pancholi (Associate Professor), Mrs. Swati Mistry (Assistant Professor), Mrs. Nirali Desai (Nursing Tutor), Mrs. Anju Gavit (Nursing Tutor)

Place of the Activity: Auditorium, Rajju Shroff ROFEL University Vapi

No. of participants: 148 students & Faculty Members

Name of the sponsored organization: Sandra Shroff College of Nursing, Vapi

Nature of sponsorship: Mental Health Nursing Departmental Activity

ACTIVITY REPORT

On the occasion of **World Suicide Prevention Day** held on **10th September 2025**, the Mental Health Department of Sandra shroff college of nursing, Vapi, organized a series of impactful activities at Auditorium, Rajju Shroff ROFEL University Vapi aimed at raising awareness and promoting mental well-being. The event commenced with the digital unveiling of the day's theme by Mrs. Tanvee Rana (Assistant Professor, BBA College, Vapi), who highlighted the importance of collective action and emotional support in suicide prevention.

This was followed by a compelling speech by Mrs. Mrs. Divya Pancholi (Associate Professor, SSCN, Vapi) on "**Changing the Narrative on Suicide.**" She emphasized the need to replace silence and stigma with compassion and understanding, encouraging early intervention and creating safe, supportive spaces for those facing mental health challenges.

This was followed by an interactive session titled "**Let's Talk, Let's Live – Together for Suicide Prevention**", conducted by Mrs. Swati Mistry (Assistant Professor, SSCN, Vapi), which encouraged participants to engage in open dialogue about mental health, break stigmas, and understand the importance of listening and empathy.

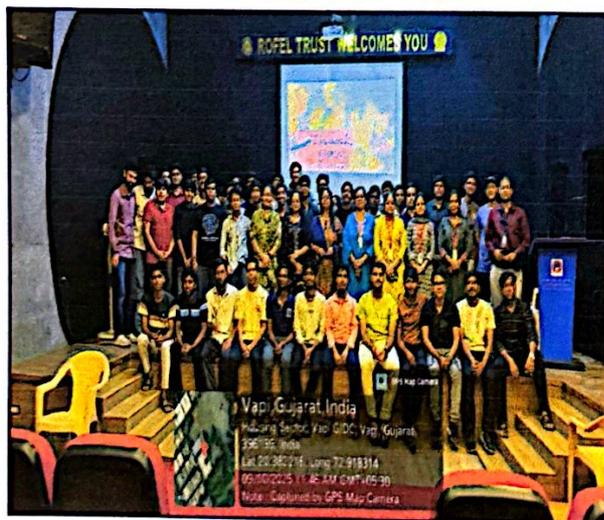
A thought-provoking short film, "**Hope Begins with Conversation,**" was screened to emphasize the importance of communication in preventing suicide.

A dynamic group activity, "**Sitting on the Hot Seat,**" further engaged participants in sharing perspectives and experiences. The event concluded with a collective pledge on suicide prevention, reinforcing the commitment to support one another. A total of 148 participants, including First Year BBA students and faculty members, took part in the event, contributing to a meaningful and compassionate atmosphere.



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Sandra Shroff College of Nursing Interactive Session on Suicide Prevention

Attendance Sheet of Participants

Venue: Auditorium, Rajju Shroff ROFEL University, Vapi
Course/Year BBA-25-26 First Year BBA Date: 10/09/2025

SR No.	Name of Participant	Course/Year	Signature
1	Aarushkar D Patel	2025-26	Aarushkar
2	Vivaan Y Patel	2025-26	Vivaan
3	Alok Yadav	2025-26	Alok
4	Kashap Mohit	2025-26	Mohit
5	Sahil Sahil Murgu	2025-26	Sahil
6	Singh Abhishek	2025-26	Abhishek
7	Parmar Rinkesh	2025-26	Rinkesh
8	Abu Muzaffar Khan	2025-26	Muzaffar
9	Bhawin S. Patel	2025-26	Bhawin
10	Abhishek B. Singh	2025-26	Abhi
11	Pantraj R Kumawat	2025-26	Pantraj
12	Teel Tachok	2025-26	Teel
13	Rashan Kulkarniya	2025-26	Rashan
14	YASH Moha	2025-26	Yash
15	Avishk Bhavsan	2025-26	Avishk
16	Yash Jari	2025-26	Yash
17	Shyam Rajput	2025-26	Shyam
18	Priya Shree Bhatti	2025-26	Priya
19	Ajmer chundawat	2025-26	Ajmer
20	Bern Digh Rajpurohit	2025-26	Bern
21	Manish Mauria	2025-26	Manish
22	Daxesh Kevat	2025-26	Daxesh
23	Khan Shahbaz	2025-26	Shahbaz
24	Mann Patel	2025-26	Mann
25	Feril V Patel	2025-26	Feril
26	Shreem Yadav	2025-26	Shreem
27	Ansh Patel	2025-26	Ansh
28	Parm Rohit	2025-26	Parm
29	Tandel Mahil Suresh	2025-26	Tandel
30	Josh Nikhilkumar S	2025-26	Josh
31	Shreikh Sumit V	2025-26	Sumit
32	Patel Harshikumar	2025-26	H. B. Patel
33	Kathekar Saagar	2025-26	Kathekar
34	Rohit Nikunj	2025-26	Rohit
35	Abhay Patel	2025-26	Abhay



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Interactive Session on Suicide Prevention			
Attendance Sheet of Participants			
Venue: Auditorium, Rajju Shroff RUFEL. University, Vapi		Date: 10/09/2025	
Course/Year = BBA 2025-26 (first year)			
SR No.	Name of Participant	Course/Year	Signature
36	Prathamesh Phalke	2025-26	Prathamesh
37	Smith Pal	2025-26	Smith
38	Thakur Karish	2025-26	Karish
39	Bhasad Sandeep	2025-26	Sandeep
40	Vatsal Gupta	2025-26	Vatsal
41	Darsh Maheshank	2025-26	Darsh
42	Knishna Sharma	2025-26	Knishna
43	Satyam Mourya	2025-26	Satyam
44	Yash Mani	2025-26	Yash
45	Sumit Saini	2025-26	Sumit
46	Priyanka Haryan	2025-26	Priyanka
47	Pravira Mohi	2025-26	Pravira
48	Brijendra Rao	2025-26	Brijendra
49	Rohan Dumas	2025-26	Rohan
50	Raj Raviya	2025-26	R.M. Bar ..
51	Hita Bhanubali	2025-26	Hita ..
52	Patel Brijesh	2025-26	Brijesh
53	Aman Singh	2025-26	Aman
54	Pradeep Bishnoi	2025-26	Pradeep
56	Dhruv Chaudhary	2025-26	Dhruv
57	Bal Krishna Joshi	2025-26	Bal Krishna
58	Anshu Yadav	2025-26	Anshu
59	Suroj Sharma	2025-26	Suroj
60	Kushal Dhumal	2025-26	Kushal
61	Naman Mahida	2025-26	Naman
62	Krunal Haldar	2025-26	Krunal
63	Kavya Vithalani	2025-26	Kavya
64	Krish Patel	2025-26	Krish
65	Raj Aryan Singh	2025-26	Raj Aryan
66	Aditya Jaiswal	2025-26	Aditya
67	Anish Parmar	2025-26	Anish
68	Yash Bhudhari	2025-26	Yash
69	Abhi. D. Patel	2025-26	Abhi.D
70	Upek. J. Patel	2025-26	Upek
71	Tanishq C. Parmar	2025-26	Tanishq



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Venue: Auditorium, Rajju Shroff ROFEL college of Nursing			Date: 10/09/25
Course/Year BBA (1 st year) 2025-26			
SR No.	Name of Participant	Course/Year	Signature
72	Sameer Khan	2025-26	Sameer
73	Charmy Patel	2025-26	Charmy
74	Sejul Singh	2025-26	Sejul
75	Yukti Kumari	2025-26	Singh.Y.
76	PATEL KREPA	2025-26	Krepal
77	Mahak Dubey	2025-26	Mahak.D
78	Shreyan Gupta	2025-26	Shreyan
79	Rishi Singh	2025-26	Rishi
80	Sohal Singh	2025-26	Sohal
81	Neha Kamli	2025-26	Nkamli
82	Tonisha Yadav	2025-26	Tonisha
83	Mubarak Tiwari	2025-26	Mubarak
84	Aakanksha Mohite	2025-26	Akmohite
85	Shah Dhruvi	2025-26	Dhruvi
86	Yugeshwari Gajjar	2025-26	Gajjar
87	Kritika Chauhan	2025-26	Kritika
88	Namrda Das	2025-26	Das...
89	Ananya Thakur	2025-26	Athakur
90	Danshel Patel	2025-26	Danshel
91	Patel Dhruvi	2025-25	D Patel
92	Shah Amrta	2025-26	Amrta
93	Kritika Choudhary	2025-26	Kritika
94	Group Mahini	2025-26	Mahini
95	Smriti Jadhav	2025-26	Smriti
96	Vandana Jayi	2025-26	Vandana
97	Keshari hemalijar	2025-26	Keshari
98	Khushi Singh	2025-26	Khushi
99	Minkshi Kumarbat	2025-26	Minkshi
100	Riya G. Singh	2025-26	Riya
101	Arvi Patel	2025-26	Arvi
102	Nisha Yadav	2025-26	Nisha Yadav
103	Tanisha Singh	2025-26	Tanisha
104	Dishita Vaidya	2025-26	Dishita
105	Naseem Khatun	2025-26	Naseem
106	Mahi Prajapati	2025-26	Mahi



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Attendance Sheet of Participants			
Venue: Auditorium, Rajju Shroff ROFEL college, University, Vapi.			Date: 01/09/2025
Course/Year BBA-2025-26 (first year)			
SR No.	Name of Participant	Course/Year	Signature
107	Nishtha Singh	2025-26	[Signature]
108	Neha Chavan	2025-26	[Signature]
109	Sneha Singh	2025-26	[Signature]
110	Sghani Archana	2025-26	[Signature]
111	Singh sejal	2025-26	[Signature]
112	Shresha Arsha	2025-26	[Signature]
113	Devanshi Patel.	2025-26	[Signature]
114	Aryali Hantam	2025-26	[Signature]
115	Neevy Singh	2025-26	[Signature]
116	Divya Nao	2025-26	[Signature]
117	Akhil Lalani	2025-26	[Signature]
118	Disha Gajmer	2025-26	[Signature]
119	Ashaike Jamanani	2025-26	[Signature]
120	Shaparni Jami	2025-26	[Signature]
121	Patel Kirti	2025-26	[Signature]
122	Urmil Narech	2025-26	[Signature]
123	Amisha Singh	2025-26	[Signature]
124	Mansi Shukla	2025-26	[Signature]
125	Cherom Kashish	2025-26	[Signature]
126.	Pal Nidhi	2025-26	[Signature]
127	Nayse Charania	2025-26	[Signature]
128	Unhati Aranna	2025-26	[Signature]
129	Guhani.D.Patel	2025-26	[Signature]
130	Patel Harry vijay	2025-26	[Signature]
131	Khushi Misty	2025-26	[Signature]
132	Patel Bhakti	2025-26	[Signature]
133	Sharma Priyanshi	2025-26	[Signature]
134	Patel. Vrushi	2025-26	[Signature]
135	Verma. Nardini. Vinod	2025-26	[Signature]
136	Diya Bhesat Prajapati	2025-26	[Signature]
137	Anchal Yadav	2025-26	[Signature]
138	Urvashi Rajpat	2025-26	[Signature]
139.	Prihi Mishra	2025-26	[Signature]
140	Patel Archi	2025-26	[Signature]
141	Subhi Rai	2025-26	[Signature]

