



SANDRA SHROFF COLLEGE OF NURSING

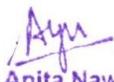
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Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

REPORT ON

WORLD MENTAL HEALTH WEEK

Organized by
DEPARTMENT OF MENTAL HEALTH NURSING
SSCN, VAPI &
COUNCELLING CELL-SPARSH

DATE:07/10/2025-11/10/2025


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

SIGNATURE OF INCHARGE PRINCIPAL



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SANDRA SHROFF COLLEGE OF NURSING, VAPI

**DEPARTMENT OF MENTAL HEALTH NURSING &
COUNSELLING CELL-SPARSH
ORGANIZES**

WORLD MENTAL HEALTH WEEK 2025

THEME:

**“Access to services —
Mental Health in Catastrophes and Emergencies”**

PROGRAM SCHEDULE

DATE & TIME	ACTIVITY
07/10/25	Inauguration and Session on “Mental Health in catastrophes and emergencies” By Dr. Jeet Nadpara, Psychiatrist, Shantman Hospital, Vapi
08/10/25	Poster competition on “Hope and support in crisis”
09/10/25	Panel discussion on “Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes” By 8 th Semester, 4 th Year B.Sc. Nursing students
10/10/25	Awareness Program & Role play on “Restoring Hope after a catastrophe” By 6 th Semester 3 rd Year B.Sc. Nursing students

TIME: 10 AM to 11 AM

VENUE:

**Multipurpose Hall,
SSCN, Vapi & HRH**

**Let's Normalize
Asking for Help**





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CIRCULAR

Date: 3rd October 2025

Subject: World Mental Health Week Celebration

The Department of Mental Health Nursing, SSCN, Vapi is organizing a series of awareness activities to mark **World Mental Health Week** from 07/10/2025-10/10/2025. This event serves as a reminder of the importance of mental health, open communication, and support systems in promoting emotional well-being and overall psychological resilience.

Programme Name: World Mental Health Week

Date: 07/10/2025-10/10/2025

Time: 10:00 AM to 11:00 AM

Participants: All Batches

Programme Schedule & Activities:

1. 07/10/25 Session on Mental Health in Catastrophes & Emergencies Interaction Session
2. 08/10/25 Poster Competition on Hope & Support in Crisis
3. 09/10/25 Panel Discussion on Bridging the gap: Challenges in Assessing Mental Health Services during Catastrophes
4. 10/10/25 Awareness Program & Role Play on Restoring Hope after a Catastrophes

Signature of HOD

Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

Signature of In charge Principal



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Name of Activity organized: World Mental Health Week

Title of the Activity: World Mental Health Week

Date of the activity organized: 07/10/2025-10/10/2025

Name of the Coordinator of activity: Mrs. Divya Pancholi (Associate Professor), Mrs. Swati Mistry (Assistant Professor), Mrs. Nirali Desai (Nursing Tutor), Mrs. Anju Gavit (Nursing Tutor)

Place of the Activity: Multipurpose Hall, SSCN, Vapi & Haria L. G ROTARY Hospital

No. of participants: 148 students & Faculty Members

Name of the sponsored organization: Sandra Shroff College of Nursing, Vapi

Nature of sponsorship: Mental Health Nursing Departmental Activity & Counselling Cell - SPARSH

ACTIVITY REPORT

The Department of Mental Health Nursing and Counselling Cell–SPARSH of Sandra Shroff College of Nursing, Vapi, organized a series of enlightening and interactive activities to commemorate World Mental Health Week 2025 on the theme “Access to Services — Mental Health in Catastrophes and Emergencies.” The celebration commenced on 7th October 2025 with an inaugural session and expert talk on “Mental Health in Catastrophes and Emergencies” by Dr. Jeet Nadpara, Psychiatrist, Shantman Hospital, Vapi. The session enhanced participants’ understanding of psychological resilience and coping strategies during crises. On 8th October 2025, a poster competition on “Hope and Support in Crisis” was conducted, allowing students to creatively express the significance of empathy, awareness, and timely intervention in promoting mental well-being.

On 9th October 2025, 8th semester (4th-year B.Sc. Nursing) students presented a panel discussion on “Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes.” The discussion provided insightful perspectives on barriers to mental health services and innovative strategies for improving accessibility during emergencies. The week concluded on 10th October 2025 with an awareness program and role play presented by 6th semester (3rd-year B.Sc. Nursing) students on “Restoring Hope After a Catastrophe.” The performance highlighted the vital role of nurses in delivering psychological first aid and community-based mental health support following disasters.

The week-long observance successfully promoted awareness, compassion, and advocacy for mental health accessibility, emphasizing the importance of normalizing help-seeking behavior and fostering a supportive environment for those in emotional distress.


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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

Date: 07/10/2025 (Inauguration and Session on "Mental health in Catastrophes and Emergencies")

SR.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
1	Sonal Sanjay	8th Sem	[Signature]
2	Alex Kamra	8th Sem	[Signature]
3	Krishna Balada	8th Sem	[Signature]
4	Ankit Bhoje	8th Sem	[Signature]
5	Akasha Chaudhavi	8th Sem	[Signature]
6	Kirya Chaudhavi	8th Sem	[Signature]
7	Anita Chauhan	8th Sem	[Signature]
8	Sonal Chaudhavi	8th Sem	[Signature]
9	Kantika Deshmukh	8th Sem	[Signature]
10	Divya Gadhil	8th Sem	[Signature]
11	Dixita Hayati	8th Sem	[Signature]
12	Mehekumari Jadau	8th Sem	[Signature]
13	Jyoti Jajrubi	8th Sem	[Signature]
14	Ayushi Kotawia	8th Sem	[Signature]
15	Avni Khirani	8th Sem	[Signature]
16	Arunshi Mahapatra	8th Sem	[Signature]
17	Pooja Maisuriya	8th Sem	[Signature]
18	Siddhi Malaviya	8th Sem	[Signature]
19	Anjali Mehta	8th Sem	[Signature]
20	Arunima Mishra	8th Sem	[Signature]
21	Charan Padhe	8th Sem	[Signature]
22	Dixita Padavi	8th Sem	[Signature]
23	Bhupendra Raoanya	8th Sem	[Signature]
24	Ayushi Patel	8th Sem	[Signature]
25	Dhruvi Patel	8th Sem	[Signature]
26	Farhan Patel	8th Sem	[Signature]
27	Harvi Patel	8th Sem	[Signature]
28	Hemangini Patel	8th Sem	[Signature]
29	Isha Patel	8th Sem	[Signature]
30	Kanani Patel	8th Sem	[Signature]
31	Kharushi Patel	8th Sem	[Signature]
32	Khushi Patel P	8th Sem	[Signature]
33	Khushi Patel S	8th Sem	[Signature]
34	Khyati Patel	8th Sem	[Signature]
35	Nidhi Patel M	8th Sem	[Signature]
36	Nivai Patel S	8th Sem	[Signature]
37	Nitva Patil	8th Sem	[Signature]
38	Kallavai Patel	8th Sem	[Signature]
39	Pankaj Patel	8th Sem	[Signature]
40	Pritya Patil	8th Sem	[Signature]

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SR.NO	NAME OF PARTICIPANTS	YEAR	SIGNATURE
41	Patel. Tisha G.	5 th sem B.Sc.	[Signature]
42	Patel vouchica D.	5 th sem B.Sc.	[Signature]
43	Patel Paiti	5 th sem B.Sc.	[Signature]
44	Patel Saloni	5 th sem B.Sc.	[Signature]
45	Patel Pravinla	5 th sem B.Sc.	[Signature]
46	Patel Archana	5 th sem B.Sc.	[Signature]
47	Patel Nishi	5 th sem B.Sc.	[Signature]
48	Patel Nagushi	5 th sem B.Sc.	[Signature]
49	Patel Nidhi	5 th sem B.Sc.	[Signature]
50	Patel Anami	5 th sem B.Sc.	[Signature]
51	Patel Khushi	5 th sem B.Sc.	[Signature]
52	Patel Vanti	5 th sem B.Sc.	[Signature]
53	Gomvi Tainkal	5 th sem B.Sc.	[Signature]
54	Patel Tisha M.	5 th sem B.Sc.	[Signature]
55	Patel Harshita K.	5 th sem B.Sc.	[Signature]
56	Lea Sunskirti M.	5 th sem B.Sc.	[Signature]
57	Patel Krishna R.	5 th sem B.Sc.	[Signature]
58	Patel Kusmi R	5 th sem B.Sc.	[Signature]
59	Patel MAHEK M.	5 th sem B.Sc.	[Signature]
60	Thonut Rikita H.	5 th sem B.Sc.	[Signature]
61	Nayika DAVANGINI P.	5 th sem B.Sc.	[Signature]
62	Sithay Pinky	5 th sem B.Sc.	[Signature]
63	Ram Sneha	5 th sem B.Sc.	[Signature]
64	Naukya Sneha	5 th sem B.Sc.	[Signature]
65	Yashvi Patel	5 th sem B.Sc.	[Signature]
66	Hir Tandel	5 th sem B.Sc.	[Signature]
67	Priyanshi Patel	5 th sem B.Sc.	[Signature]
68	MAXI Tandel	5 th sem B.Sc.	[Signature]
69	Amrutha Vinod	5 th sem B.Sc.	[Signature]
70	Alphy Elizabeth Matthew	5 th sem B.Sc.	[Signature]
71	Sania Therners	5 th sem B.Sc.	[Signature]
72	ESTHER PAUL	5 th sem B.Sc.	[Signature]
73	Patel Tisha	5 th sem B.Sc.	[Signature]
74	Uma Koli	5 th sem B.Sc.	[Signature]
75	Megha Suryavanshi	5 th sem B.Sc.	[Signature]
76	Shivani Vihwakarma	5 th sem B.Sc.	[Signature]
77	Komal Sharma	5 th sem B.Sc.	[Signature]
78	Pooja Chaudhary	5 th sem B.Sc.	[Signature]
79	Simran Dahal	5 th sem B.Sc.	[Signature]
80	Kheerud Diya R.	5 th sem B.Sc.	[Signature]
81	Neha Yadav	5 th sem B.Sc.	[Signature]
82	Gurju Yadav	5 th sem B.Sc.	[Signature]
83	Varsha Patel	5 th sem B.Sc.	[Signature]
84	Doti Yadav	5 th sem B.Sc.	[Signature]
85	Patel Prince	5 th sem B.Sc.	[Signature]
86	Patel Jit	5 th sem B.Sc.	[Signature]
87	Patel Rujahik	5 th sem B.Sc.	[Signature]



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SR.NO	NAME OF PARTICIPANTS	YEAR	SIGNATURE
88	Priyanshu Patel	8th Sem	[Signature]
89	Vihvi Patel	8th sem	[Signature]
90	Vrutti Patel P	8th sem	[Signature]
91	Vrutti Patel R	8th sem	[Signature]
92	Zankhna Patel	8th sem	[Signature]
93	Krupali Prajapati	8th sem	[Signature]
94	Dimple Prasad	8th sem	[Signature]
95	Aditi Rathod	8th sem	[Signature]
96	Anjum Swami	8th sem	[Signature]
97	Aarti Thorat	8th sem	[Signature]
98	Akanksha Yadav	8th sem	[Signature]
99	Ankita Yadav	8th sem	[Signature]
100	Yadav susring	8th sem	[Signature]
101	Jimi Patel	8th sem	[Signature]
102	Arti Patel	8th sem	[Signature]
103	Aniket Kumar	8th sem	[Signature]
104	Sujit verma	8th sem	[Signature]
105	Abhishek Kumar	8th sem	[Signature]
106	Taswint Chaudhey	8th sem	[Signature]
107	Dubey Riya	8th sem	[Signature]
108	Patel Diya	8th sem	[Signature]
109	yadav puja	8th sem	[Signature]
110	manashvi Abhoda	8th sem	[Signature]
111	Sushma Gupta	8th sem	[Signature]
112	Vijita Vijain	8th sem	[Signature]
113	Patel Harshita	8th sem	[Signature]
114	Shatma Shilpi	8th sem	[Signature]
115	Mishra jiya	8th sem	[Signature]
116	Ahli Juhavvi A	8th sem	[Signature]
117	Harpati kavita S	8th sem	[Signature]
118	Patel Urushi A	8th sem	[Signature]
119	Patel Shruti D.	8th sem	[Signature]
120	Patel Karina S.	8th sem	[Signature]
121	Patel Henry R.	8th sem	[Signature]
122	Patel Ayushi V.	8th sem	[Signature]
123	Chauhan Roshni	8th sem	[Signature]
124	Parmer Grenial	8th sem	[Signature]
125	Sneha Bhoya	8th sem	[Signature]
126	Dhruvi Rupxeni	8th sem	[Signature]
127	Sneha yadav	8th sem	[Signature]
128	Bansani Patel	8th sem	[Signature]
129	Patel Sharayu	8th sem	[Signature]
130	Patel Vansi	8th sem	[Signature]
131	Patel Megha	8th sem	[Signature]
132	Tandel Pramod	8th sem	[Signature]
133	Mitani Patel	8th sem	[Signature]



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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

te:09/10/2025 (Pannel Discussion on "Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes")

R.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
1	Gupta Sushma	6 th sem	
2	Sharma Shilpi	6 th sem	
3	Abhade Manashwari	6 th sem	
4	Yadav Puja	6 th sem	
5	Patel Haakshita	6 th sem	
6	Patel Diya	6 th sem	
7	Dubey Riya	6 th sem	
8	Vijita Vijain	6 th sem	
9	Mishra Jiya	6 th sem	
10	Aleena Jashon	6 th sem	
11	Aleena Baby	6 th sem	
12	Annamaya Sufi	6 th sem	
13	Agarwal Bipp	6 th sem	
14	Abdullah Siddiqui	6 th sem	
15	Tamde Prit	6 th sem	
16	Patel Hersh	11	
17	Patel Kumari	11	
18	Patel Donal	11	
19	Patel Ashish	11	
20	Gopal Madhav	11	
21	Abhishek Jaitkumar	11	
22	Yadav Sneha	11	
23	Dhevi Rupasari	11	
24	Garima Vishwakarma	11	
25	Angel Vasava	6 th Sem	
26	Krishna Sasi	6 th Sem	
27	Sakshi Kushwaha	6 th Sem	
28	Krishna Patel	6 th Sem	
29	Patel Anurika	6 th Sem	
30	Patel Kajant	6 th Sem	
31	Shweta Roshni	6 th Sem	
32	Chandana Gungel	6 th Sem	
33	Henry Patel	6 th Sem	
34	Aashvi Chulhan	6 th Sem	
35	Aarushi V. Patel	6 th Sem	
36	Patel Shaeyu J.	6 th Sem	



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SR.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
37	patel vansi	3 rd (sem-5)	[Signature]
38	patel megha	5 ^{sem-5}	[Signature]
39	patel shobha	5 ^{sem-5}	[Signature]
40	Tandel Purnima	5 ^{sem-5}	[Signature]
41	Arushi Patel	(sem-6)	[Signature]
42	Henry Patel	sem-6	[Signature]
43	pushni Chavhan	sem-6	[Signature]
44	Raksha Singh	sem-6	[Signature]
45	Pooja Rajbhat	sem-6	[Signature]
46	Rishi Singh	sem-6	[Signature]
47	Shubhi Kumari	sem-6	[Signature]
48	Meena yadav	sem-6	[Signature]
49	mitali Patel	sem-6	[Signature]
50	Priyanshi Padavi	sem 6 th	[Signature]
51	patel kamini	sem 6 th	[Signature]
52	patel shubhi	sem 6 th	[Signature]
53	Ahiv Jahaniben A.	sem 6 th	[Signature]
54	Patel Jyashvi A.	sem 6 th	[Signature]
55	Sneha Bhoya	sem 6 th	[Signature]
56	Bansari Patel	sem 6 th	[Signature]
57	Harsh dary	sem 6 th	[Signature]
58	Ashish jay	sem 6 th	[Signature]
59	Rand pu	sem 6 th	[Signature]



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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

Date: 10/10/2025 (Role play on "Restoring Hope after Catastrophe")

SR.NO	NAME OF PARTICIPANTS	DESIGNATION	SIGNATURE
1.	Mishka Tiya	3 rd year BSC-6 th sem	[Signature]
2.	Gupta Sushma	3 rd yr BSC-6 th sem	[Signature]
3.	Parman Priti	3 rd yr BSC-6 th sem	[Signature]
4.	Kushwaha Sakshi	3 rd yr BSC-6 th sem	[Signature]
5.	Padni Piyanshi	3 rd yr BSC-6 th sem	[Signature]
6.	Agnes Biji Madathil	3 rd yr BSC-6 th sem	[Signature]
7.	Parman Genial	3 rd yr BSC-6 th sem	[Signature]
8.	Halpati Kavita	3 rd yr BSC-6 th sem	[Signature]
9.	Madhav Gopal	3 rd yr BSC-6 th sem	[Signature]
10.	Chakwad Abishai	3 rd yr BSC-6 th sem	[Signature]
11.	Nirmala Ben	Patient	[Signature]
12.	Shantlal Bhai	Patient	[Signature]
13.	Nonalal Jain	Patient	[Signature]
14.	Nalgi	Patient	[Signature]
15.	Bipin Patel	Patient	[Signature]
16.	Anni Patel	Patient	[Signature]
17.	Artik Patel	Patient	[Signature]
18.	[Signature]	Patient	[Signature]
19.	Gurdeep Guptha	Patient	[Signature]
20.	Satyam Patil	Patient	[Signature]

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