



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
UTTRAYAN AWARENESS PROGRAMME
(NYLON THREAD BAN) 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI



SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing

UTTRAYAN AWARENESS PROGRAMME (NYLON THREAD BAN) 2025

Date of Event: 11th January 2025

Venue: Desai N.D.N. Sarvajanik High School, Vapi

Occasion: Uttrayan Awareness Programme

Participants: 10 NSS Volunteers from 4th Year B.Sc. Nursing Students and faculties of Sandra Shroff College of Nursing, Vapi and 150 students & teachers of Desai N.D.N. Sarvajanik High School, Vapi

INTRODUCTION

On 11th January 2025, 10 NSS Volunteers of 4th year B.Sc. Nursing, Sandra Shroff College of Nursing, Vapi, organized an awareness program at Desai N.D.N. Sarvajanik High School, Vapi. The objective of the program was to create awareness about the environmental hazards and dangers associated with the use of nylon thread during the festival of Uttarayan. The event also focused on educating students about the 10 prohibited acts related to Uttarayan

REPORT OF THE DAY

The Uttrayan Awareness programmed was started with a warm welcome to the students and faculty members of Desai N.D.N. Sarvajanik High School. The NSS Volunteer Ms. Disha from 4th Year B.Sc. Nursing started the session by highlighting the cultural significance of Uttarayan and the widespread practice of kite flying during the festival. However, they emphasized the negative impacts of using harmful materials such as nylon threads for kite flying.

Nylon threads, often used in kite flying, pose serious environmental and safety risks. These threads, which are not biodegradable, can cause harm to wildlife, and the sharpness of the threads can lead to severe injuries to both humans and animals. To combat these issues, the NSS Volunteers explained the importance of switching to safer alternatives like cotton threads and the need to discourage the use of nylon threads during the festival.

Furthermore, the Volunteers presented a detailed list of the 10 prohibited acts during Uttarayan, such as flying kites in certain areas near airports or roads, using non-biodegradable threads, and engaging in dangerous practices like kite

fighting in restricted zones. This segment aimed at educating the students on how to celebrate the festival responsibly and sustainably.

In addition, the program was aligned with the Fit India Movement, a National initiative to encourage physical fitness among the youth. The NSS Volunteers highlighted how kite flying could be a healthy outdoor activity that promotes physical exercise, provided it is done safely and responsibly.

The students actively participated in the discussions, showing great enthusiasm towards spreading awareness in their community. The session concluded with a pledge to avoid the use of nylon threads and to promote eco-friendly practices during Uttarayan.

Prohibited Act

- 1) Public road / foot path as well as dangerous in such a way as to endanger the life of any person.
- 2) Nylon string used for flying (flying) kites which is coated with nylon, synth or synthetic material and is non-biodegradable on receiving, storing, selling and using it for flying kites and catching kites/strings cut from flying kites.
- 3) Any kind of synthetic thread, cotton thread or any other thread, iron powder, glass powder or any other harmful substance prepared by adding.
- 4) Prohibition of buying and selling of Chinese Manza/Plastic Cord/Glass Coated Nylon Thread/Chinese Sky Lantern (Tukkal) etc. through online platform through e-commerce etc.
- 5) On import of synthetic Manza/Nylon thread or similar synthetic coated thread by each Samavala.
- 6) During the period of 06/00 to 08/00 in the morning, since it is the time for the birds to come out of their nest and return to the nest, during that time the birds are more injured and injured by the string of the kite. So on kite flying during that time period.
- 7) On flying kites around or over railway tracks as equipment has high voltage traction near and above railway tracks.
- 8) On Flying, Buying, Importing, Selling, Possessing, Storing Chinese Tukkals.
- 9) Thus on playing the loud speaker in a very loud voice in such a way as to disturb the public.
- 10) In such a way as to hurt the sentiments of the public, writing provocative writings on the kite before flying the kite.



CONCLUSION

The Uttarayan Awareness Programme conducted by the NSS Volunteers of Sandra Shroff College of Nursing successfully raised awareness about the harmful effects of nylon thread and encouraged students to adopt safer practices during the festival. The inclusion of the Fit India Movement also emphasized the importance of physical fitness, promoting a healthy lifestyle. The program was informative and impactful, fostering a sense of responsibility among students to contribute to the well-being of the environment and their own health. The event was a meaningful step toward educating the younger generation about sustainable celebrations and safety during festivals.

THANK YOU