



**SANDRA SHROFF COLLEGE
OF NURSING, VAPI**



REPORT ON
NSS SPECIAL VILLAGE
CAMP 2025

04/03/2025 TO 10/03/2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing



NSS SPECIAL VILLAGE CAMP 2025

Date of Event: 04/03/2025 to 10/03/2025

Venue: Kumbharvad, Mahiyavanshi Faliya, Motivada Village

Occasion: NSS SPECIAL VILLAGE CAMP

Participants: 34 NSS Volunteers from 1st Year GNM and 12 NSS Volunteer from 4th Year B.Sc. Nursing

INTRODUCTION

The National Service Scheme (NSS) is a flagship program of the Government of India that aims to develop the personality of students through community service. The NSS Special Camp is an essential part of this initiative, focusing on providing students with opportunities to engage in meaningful social work while also fostering a sense of responsibility and social awareness.

This report presents an overview of the NSS Special Camp organized at Kumbharvad, Mahiyavanshi Faliya, Motivada Village from 4th March 2025 to 10th March 2025. The primary objectives of the camp were to engage participants in activities that would contribute to the welfare of the local community, promote values of unity, selfless service, and national integration, and enhance the personal and leadership skills of the volunteers.

This report details the activities undertaken during the camp, the outcomes achieved, and the personal experiences of the volunteers, highlighting the importance of community service in shaping future leaders.

OBJECTIVES OF THE NSS SPECIAL VILLAGE CAMP

- 1) To raise awareness about women's rights, gender equality, and the importance of women's participation in social, economic, and political spheres.
- 2) To encourage and promote cleanliness and hygiene in the community through active participation in cleanliness drives.
- 3) To educate the community about the dangers and social consequences of alcohol abuse.
- 4) To introduce and promote the physical and mental health benefits of yoga among school children.
- 5) To celebrate and honor the contributions of women to society while promoting gender equality.

6) To spread awareness about the importance of blood donation and to educate the community on how regular donations can save lives.

7) To provide free screening and health check-ups for hypertension and diabetes, with the aim of early detection and prevention.

8) To raise awareness about sickle cell anemia, its symptoms, and available treatments.



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AGENDA FOR NSS SPECIAL VILLAGE CAMP

Area: Motivada, Kumbharvad, Valsad

Date	Day	Activity
04/03/2025	Day 1	Inauguration of the Camp & Women Empowerment
05/03/2025	Day 2	Village Cleanliness Drive Ek Kadam Swachhta Ki Aur
06/03/2025	Day 3	Awareness Campaign On ill effect of Alcoholism & Deaddiction
07/03/2025	Day 4	Yoga Session
08/03/2025	Day 5	Awareness on Blood Donation
09/03/2025	Day 6	Screening for Hypertension & Diabetes
10/03/2025	Day 7	Sickle Cell Awareness Programme

REPORT OF THE DAY

DAY-01: Inauguration of the camp & Seminar on Women Empowerment

On March 4, 2025, the NSS Special Village Camp at Motivada Village was inaugurated at the Gram Panchayat Motivada. The inauguration ceremony was graced by distinguished guests, including the Sarpanch, Mr. Jaysukh Bhai; Dr. Rekha Bhandari, the President of the Inner wheel Club; Mrs. Anita Gupta, the Vice President of the Inner wheel Club, Mr. Rushit Masrani; Government employee Speaker for women empowerment, Dr. Anita Nawale, Vice Principal of Sandra Shroff College of Nursing, Vapi; Mr. Degish Ahir and Mr. Hemant Patel, member of the Village Committee. The event was held in the presence of the villagers and NSS volunteers.

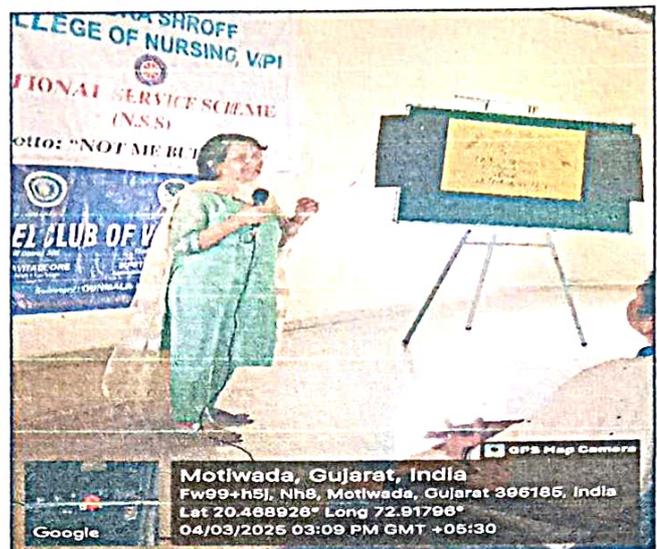
The guests were warmly welcomed with flowers. The program began with the lighting of the lamp, followed by the theme opening.

Mr. Rushit Masrani gave an inspiring speech on Women Empowerment. Following his speech, a representative from the District Health Department spoke on the topic Beti Bachao, Beti Padhao.

The Inner wheel Club President delivered a speech about the importance of occupational activities for women and scholarships for education.

The program concluded with the distribution of snacks to the gathering.





DAY- 02: Village Cleanliness Drive

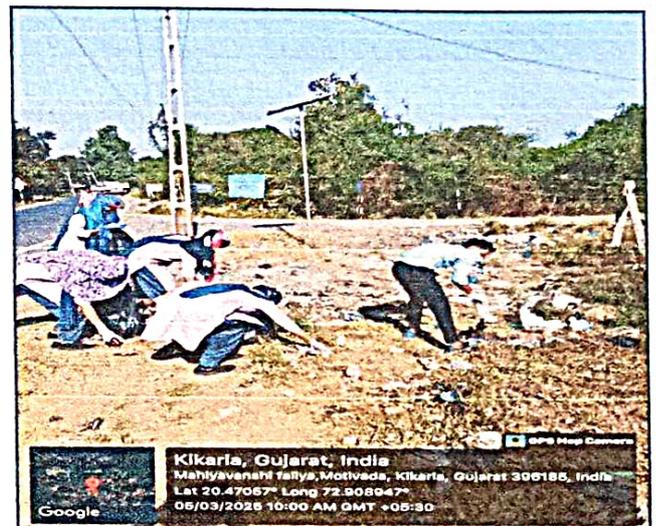
Ek Kadam Swachhta Ki Aur

On the second day of the NSS Special Village Camp, held on 5th March 2025, we conducted a cleanliness drive as part of the campaign "Ek Kadam Swachhta Ki Aur" (One Step Towards Cleanliness). The goal of this initiative was to promote environmental awareness and foster a cleaner and healthier living environment for the village communities.

During this drive, our NSS volunteers were divided into several groups to cover key areas in the village, including Kumbharvad, Mahiyavanshi Faliya, the area near the local temple, Kolivad, and Mota Faliya. Each team worked diligently to clean up their assigned areas, collecting garbage and waste materials, such as plastic wrappers, bottles, and other non-biodegradable waste that had accumulated in the open spaces.

The waste was carefully collected into large black bags to ensure proper disposal. In order to maintain hygiene and prevent further environmental hazards, the gathered waste was then burned in a safe and controlled manner, following proper waste management protocols.

The cleanliness drive not only helped in clearing up these areas but also aimed to instill a sense of responsibility and environmental consciousness among the villagers. We engaged with the local community, educating them on the importance of waste segregation, reducing plastic use, and maintaining cleanliness in public spaces.





DAY- 03: Awareness campaign on ill effects of alcoholism & Deaddiction Strategies

On the third day of the NSS Special Village Camp, the NSS volunteers of the 1st-year GNM program, including Ms. Yogita, Neha, and Riya, performed an impactful role play highlighting the ill effects of alcoholism. The role play was carefully designed to raise awareness about the harmful consequences of alcohol consumption on various aspects of life.

Throughout the performance, the volunteers demonstrated how alcoholism negatively impacts health, both physically and mentally, leading to serious conditions like liver damage, heart problems, and addiction. They also depicted how alcohol abuse can result in financial instability, broken relationships, and social isolation, affecting not just the individual but also their family and community.

In addition to highlighting the health risks, the volunteers also focused on the importance of deaddiction. They educated the audience about the available resources and methods for overcoming alcohol dependence, such as counseling, rehabilitation centers, and support groups. They emphasized that with the right guidance and treatment, recovery is possible, and individuals can regain control over their lives.

The role play was well-received by the community, as it effectively conveyed the message of the dangers of alcoholism while offering hope and

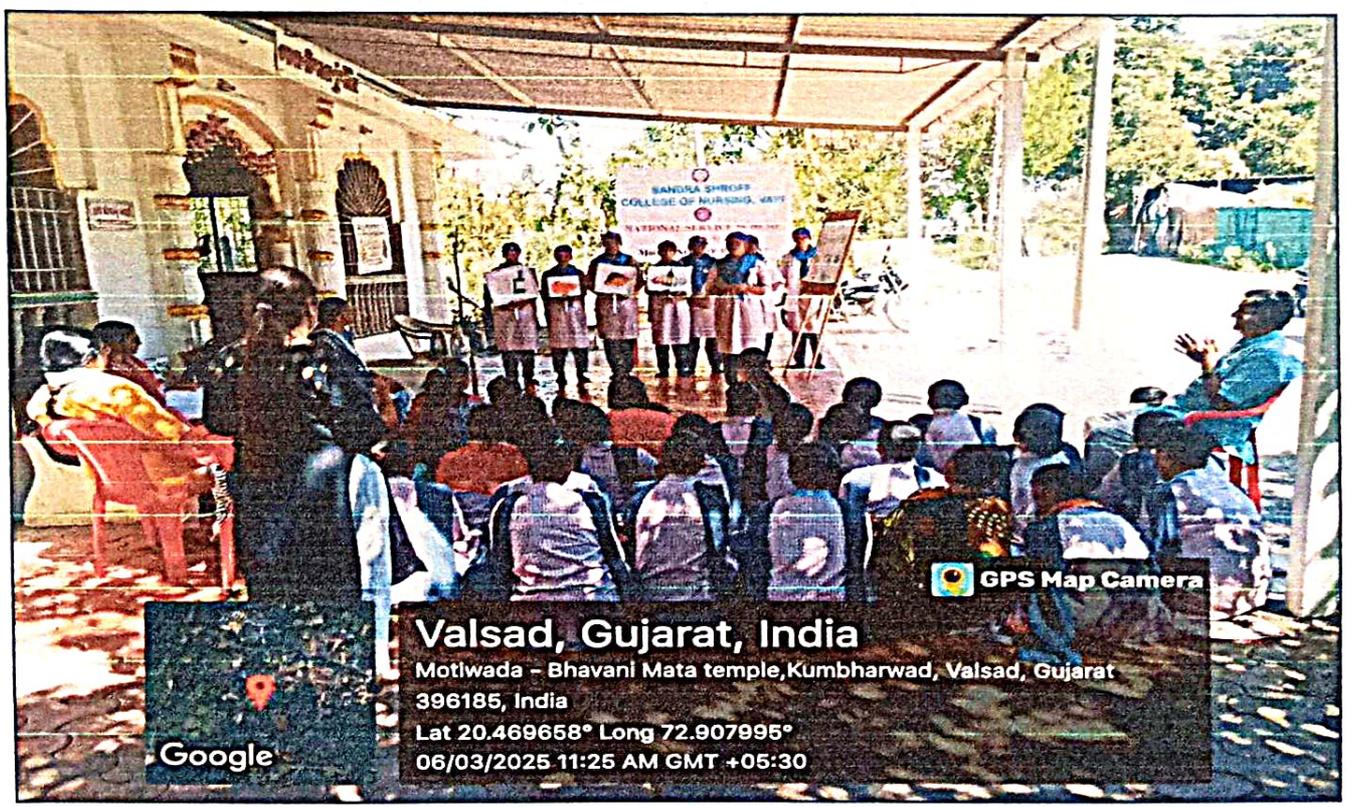
solutions for those struggling with addiction. Through this session, the NSS volunteers contributed to spreading awareness about the need for better health practices and the importance of seeking help to combat alcohol dependence.



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DAY- 04: Yoga Session

On the 4th day of the NSS Special Camp, on 7th March 2025, a yoga session was organized at Main Primary School, Motivada, with the assistance of Mrs. Sheetal Trigotra, the District Gujarat Yoga Coordinator. She conducted a two-hour session, during which yoga exercises were performed by the school teachers, students, NSS volunteers, and the NSS Programme Officer. The session included various asanas, pranayama (breathing exercises), and relaxation techniques, which were aimed at enhancing physical health, mental well-being, and promoting inner peace.

Mrs. Sheetal Trigotra explained the importance of yoga in daily life and how it can be incorporated to reduce stress, improve concentration, and boost overall health. Participants actively engaged in the session, and the environment was filled with enthusiasm and positivity.

The benefits of yoga were evident as everyone felt more energized, focused, and relaxed after the session. The event helped in fostering a sense of unity and teamwork among the participants. It was an enriching experience for all involved, and the NSS volunteers, along with the school teachers and students, expressed their gratitude for the opportunity to take part in this beneficial activity. This yoga session proved to be a valuable addition to the NSS Special Camp, contributing to the holistic development of all the participants.





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DAY-05: Women's Day Celebration and Awareness on Blood Donation

On the 5th day of the NSS Special Camp, we celebrated International Women's Day with the women of Kumbharvad and Motiwada village at the Bhavani Mata Temple. The event began with an opening ceremony led by the women of Motiwada village, along with first-year GNM students and Nursing Tutor Mrs. Rinkal Patel. The first-year GNM students took the initiative to educate the group on the importance of blood donation, raising awareness about its life-saving potential.

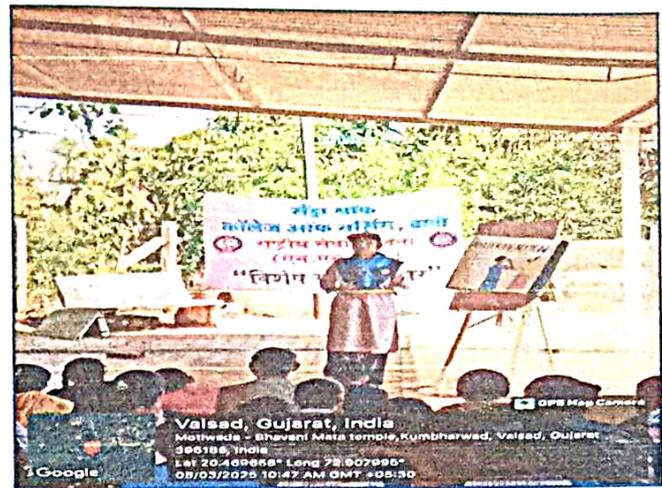
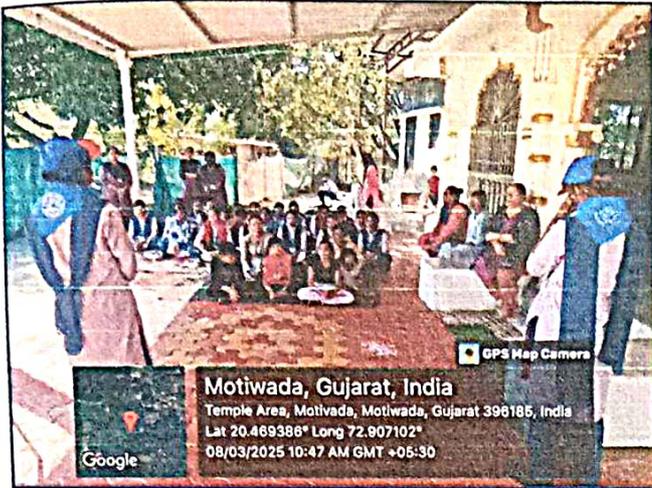
Following the informative session, a gesture of appreciation was made by distributing chocolates to all the participants. This not only honored the women but also emphasized the significance of community welfare and support. The session was successful in empowering the local women and raising awareness about blood donation.



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The celebration of International Women's Day in such a meaningful and engaging manner helped strengthen the bond between the community and the NSS team, making the day both memorable.

DAY- 06: Screening of Hypertension & Diabetes

On the 6th day of the NSS Special Village Camp, held on 9th March 2025, a health screening camp was organized at the Bhavani Mata Temple, Motivada, focusing on the early detection of hypertension and diabetes mellitus. The screening took place from 9:00 AM to 1:30 PM. A total of 91 individuals participated in the camp, where their blood sugar levels and blood pressure were checked by the first-year GNM students, 4th-year B.Sc Nursing students, and the Department of Community Health Nursing.

Out of the 91 participants, 52 individuals were found to be hypertensive, and 10 were diagnosed with diabetes mellitus. This screening initiative not only helped in identifying undiagnosed cases of hypertension and diabetes but also provided an opportunity to raise awareness among the local community about the importance of regular health check-ups and early intervention.

The camp was a valuable step toward promoting better health practices in the village, empowering the residents to take control of their health and seek timely medical attention if necessary. The event also helped strengthen the collaboration between the NSS team and the community, enhancing the overall impact of the camp.



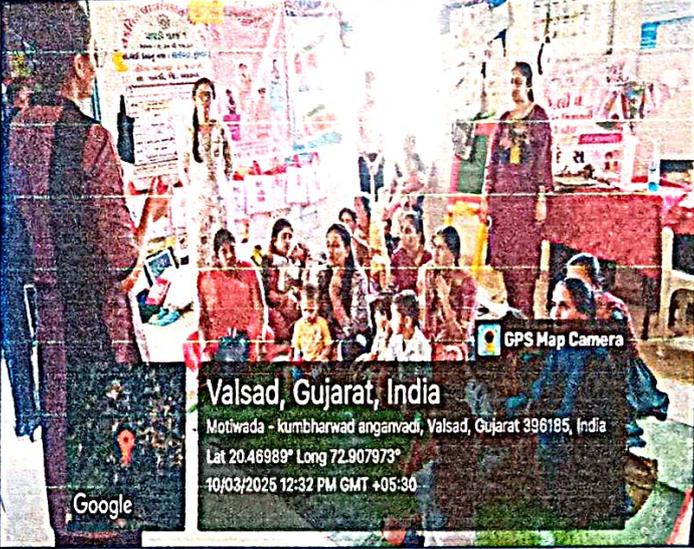
DAY- 07: Sickle Cell Awareness Programme

On the final day of the NSS Special Village Camp, held on 10th March 2025, a Sickle Cell Awareness Program was organized at the Anganwadi Center, Kumbharvad, Motivada. The session began with an informative talk by Mrs. Ashwini Patel, Nursing Tutor from the Department of Community Health Nursing, who explained the basics of sickle cell disease, including its causes, symptoms, and management strategies.

Following the lecture cum discussion, 4th-year B.Sc Nursing students conducted a live demonstration to further educate the participants about the

condition. They provided practical health education, covering key aspects such as the prevention, early detection, and management of sickle cell disease.

The program was attended by 15 women from the village, along with the Anganwadi worker and helper. This initiative aimed to raise awareness among the local community, especially women, about the significance of early diagnosis and management of sickle cell disease, empowering them to take proactive steps for their health and the health of their families.



CONCLUSION

In conclusion, the NSS Special Village Camp held from 4th to 10th March 2025 in Motivada Village was a resounding success, marked by a series of impactful activities aimed at improving the health, well-being, and awareness of the local community. I acknowledge with gratitude and devotion to the Almighty God, whose grace and blessings accompanied us throughout this event. Heartfelt gratitude to Smt. Sandra Shroff Mam, Founder and Chairman of S.S.C.N, Vapi, for her unwavering support. I am thankful to our beloved Principal Sir, Prof. Mr. Samuel Fernandis, M.Sc. (N), for his guidance and encouragement for this program, and to all the faculty members of the Community Health Nursing Department, especially Dr. Anita Nawale, Vice Principal and HOD of the Community Health Nursing Department; Mrs. Suparna Chakraborty; Mrs. Hetal Patel; Mrs. Ashwini Patel; Mrs. Ketika Patel; and Mrs. Rinkal Patel, for their invaluable contributions and support.

In this camp the volunteers participated in various initiatives, including a cleanliness drive, health screenings, yoga sessions, and awareness programs on topics such as women empowerment, alcohol addiction, blood donation, and sickle cell disease. These activities not only helped foster community involvement but also empowered the villagers with crucial knowledge and resources to improve their quality of life. The camp highlighted the importance of collaboration between the volunteers, the community, and local organizations, contributing to a stronger bond and greater community health awareness. The event proved to be an enriching experience for all involved, leaving a lasting positive impact on the village and its residents.

THANK YOU